

St. Mary – St. Cecilia Catholic School
April Newsletter
Stephanie Swenson, Principal
Trustee Karen McAllister
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Sunday April 1st, 2018



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Dear Families:

Spring has somewhat arrived and as a result, our school yard will probably be quite messy with the inevitable rain that will come. However, we look forward to the nice spring weather and the usage of our Play Structure.

During the month of April, we have several educational presentations that will take place from the National Arts Centre for drama and music, as well as MASC Multicultural Arts School Community presentation entitled "Spirit of the Dance". In addition, our students will have plenty of opportunity to try out for our Bucketball and Basketball Teams.

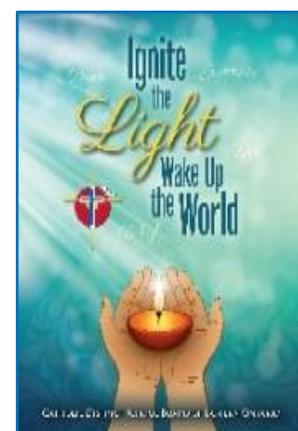
We continue to offer Games Club, Chess Club and Homework Club in Mrs. McCooeye's class at lunch times, Ukulele Club with Mr. McIntyre & Mr. McCourt, as well as our ECO Club which is quite busy with recycling and composting.

Over the next month, we will be preparing for Catholic Education Week beginning Sunday May 6th, 2018. This year's theme is "Renewing the Promise". We have several activities/learning experiences planned for our students throughout Catholic Education week (May 7th - 11th). A schedule of activities will be forth-coming.

Thank you to all members of our school community for your continued hard work and willingness to work with the St. Mary - St. Cecilia staff for the benefit and success of your children! Keep up your fine efforts and have a great month. As always, if you have any questions or concerns, please feel free to contact the school.

Sincerely,

Stephanie Swenson, Principal



Upcoming Events

April 13

School Mass

April 26

Movie Night

April 27

PD Day – No School

Learning at St. Mary – St. Cecilia School

What our Saints Mean to Us



Mathematics in JK/SKA

Light Table: This student is creating and extending repeating patterns using different shapes, colours, and sizes!



Scale: The students are exploring measurement and comparing and sorting objects based on their weight, heavy or light!



Dominos: This student is using dominos and snap cubes to practice adding, subtracting, and subitizing!

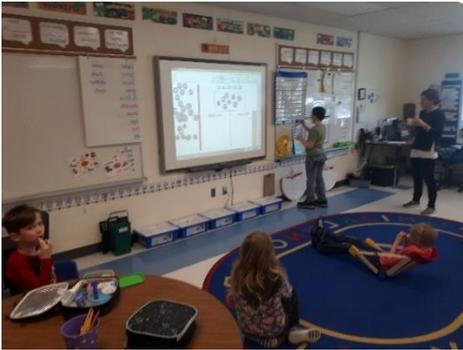


Mathematics in Grade 2/3

Curriculum expectations for Grade 2 Number Sense

Students will be able to add and subtract money amounts to 100¢, using a variety of tools (e.g., concrete materials, drawings) and strategies (e.g., counting on, estimating, representing using symbols).

During this activity, the teacher puts a variety value of coins up on the SMART Board and the students add up the value of the coins. A volunteer then shows the same amount of money, using more coins. Finally, another volunteer shows the same amount of money, using less coins.



Self-Regulation

Every month, there is a focus on Learning Skills and every 2nd month the focus is Self-Regulation. Every classroom has areas/equipment for ALL students to access to support them with regulating themselves. Here in the grade 6 classroom shows the equipment available to any student.



Olympic Event

Students participated in a school-wide Olympic Theme Event during the months of February and March, beginning with an Opening Ceremony and closing with a day fun-filled Olympic events. The leadership from the grade 7 & 8 students was fantastic!!



Heart & Stroke Jump Rope Event

On February 14th, the Grade 6 students ran a fun-filled Jump Rope for Heart event in the gym for all the students in our school. Each grade had a chance to participate in 7 activity stations run by the students in grade 6. The stations included jumping with a big rope to an obstacle course. Fun was had by ALL.

Our Campaign (both on-line and by handing in the envelopes) was a HUGE success. Our students raised \$3674.50 for Heart & Stroke. Way to Go!! Our top sellers were: 1. Siobhan McNarin (Gr. 4) at \$350.00. 2. Max (JK) & Will (gr.2)

MacPherson at \$280.00 combined and 3. Brianna Pemberton (JK) at \$220.00. The overall winning class was Mr. McIntyre's JK/SK class.

Our school will receive 10% of the total funds raised for sports equipment which added up to \$367.00. All students who participated have received their prizes. Thank you to all who helped with this campaign and to all the students and families who participated.



Grade 7/8 Students vs The SMSC Staff

The school spirit exhibited here at the hockey game by students, staff and community members was amazing!



The ECO Club

The Green Team members continue to work diligently at composting and conducting Eco audits. A few of the members created an informative PowerPoint presentation about the importance of diverting compost and recyclables from landfill sites which they have been sharing with all the classes. The team plans to do a garbage audit in the coming weeks. Remember to pack lunches in reusable containers to help our Green Team keep our school Green! Here are two of our ECO team members, with composting bins in front of one of our ECO Composting posters.



EOHU News

Sweat, Step, Sleep and Sit

The Canadian 24-hour movement guidelines encourage children and youth to live an active lifestyle by balancing physical activities, sedentary behaviours and sleep in their daily routine. Here's what a healthy 24 hours should include: **Sweat:** An accumulation of at least 60 minutes per day of moderate to vigorous physical activity involving a variety of aerobic activities. Vigorous physical activities, and muscle and bone strengthening activities should each be incorporated at least 3 days per week. **Step:** Several hours of a variety of structured and unstructured light physical activities. **Sleep:** Uninterrupted 9 to 11 hours of sleep per night for those aged 5 to 13 years and 8 to 10 hours per night for those aged 14 to 17 years, with consistent bed and wake-up times. **Sit:** No more than 2 hours per day of recreational screen time and limited sitting for extended periods.

For more information about the guidelines, visit www.participation.com or contact the EOHU at 613-933-1375 or 1 800 267-7120.

Special Education Advisory Committee

This committee is open to any interested parents who would like to attend the monthly meetings. You are also able to access information regarding activities of the (SEAC). Detailed, monthly minutes and agendas are available to parents either through the Board website at www.cdsbeo.on.ca or can be made available through the office. For further information on meetings, agendas and minutes, please contact the school.

The next SEAC meeting will be held on Wednesday April 18th, 2018 at the Kemptville Board Office.

EQAO Tips

Review homework: The best thing you can do is to take about 30 minutes every day to go over your child's homework related to reading, writing, and mathematics. Ask them if they have any difficulty in one area and focus on helping your child get the correct answers.

Practice sample questions: You've heard the saying, "Practice makes perfect," so for EQAO preparation it's a good idea to get some sample questions. Some teachers give out sample questions, or you can get them online at www.eqao.ca. They're great for practicing and you can also get an idea as to what your child will be expected to answer.

Talk to them about the test: Talk to your kids about the EQAO test and let them know the test results are useful to know, but that the results won't impact them directly (except in grade 9, where the results can affect 10% of a student's mark). Reassure your kids to do their best, but not to get too stressed out about it.

South Dundas Soccer

South Dundas Soccer is holding its final soccer registration day April 7th between 10 am and Noon at the Morrisburg Arena. Registration is \$40 per player, with divisions for players born between 2000 and 2014. Note, they have a new Under-5 level for 2013 and 2014 birth year players. Registration forms are available online on our website at <http://www.southdundassoccer.org>. After April 8th, the registration price increases to \$65. Don't delay, register now.

South Dundas Fire & Emergency Services

We are pleased to be a part of the South Dundas Spring Home & Trade Show once again this year on April 20 & 21 at the Morrisburg Arena. Look for our large booth offering fire safety information and giveaways, an emergency preparedness display, and draws for some great prizes for children and adults! We are always ready to answer any questions you may have or stop by just to say hello to your local firefighters. We look forward to seeing you! For more info. visit us at: www.facebook.com/SouthDundasFireEmergencyServices

Easter Prayer

Lord we lift our hearts to you. As the dawn breaks, may we carry the unity we share into every moment knowing that we are one with the risen Christ.

Lord, we lift our eyes to you. As the sunrises, may this moment stay with us, reminding us to look for the beautiful colours of promise in your word.

Lord, we lift our prayers to you. As the dew air falls, may we breathe this morning in and know that like the earth, you sustain us, keep us and work within us always.

And so, we lift our voices to you. We celebrate the greatest day in history, when Jesus rose from death, defeated darkness and bathed the world in stunning resurrection light. May we ever live to praise you!

Amen

