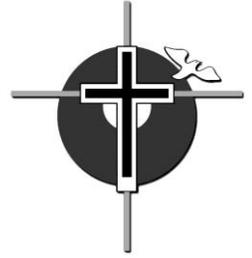


ST. JUDE CATHOLIC ELEMENTARY SCHOOL NEWSLETTER

NOVEMBER 2017



MARCH BREAK MESSAGE

The staff of St Jude wish the students and their families a wonderful March Break. Enjoy the warmer weather that has been promised to us and get out into nature for a walk. Take time to play cards and board games together. On our Lenten journey, let us find ways to help others.

Our Dress Down day brought in \$250 for the student senate. Great work!

We look forward to seeing you back at school on March 19th all rested and ready for spring.

Together in Faith

Together in Faith is a new website created by the Ontario Catholic School Trustees Association and promoted by the Catholic District School Board of Eastern Ontario. Its aim is to celebrate the distinctive nature of Catholic Education in Ontario.

Our Catholic education system is designed to offer an inclusive learning environment, fostering spirituality to produce top academic and community-minded graduates.

Our educational mission is the transmission of knowledge and the formation of the whole person: body, mind and spirit.

Visit www.cdsbeo.ca and click on the *Together in Faith* link to sign up to support Catholic Education in Ontario.

PRIMARY READING PROGRAM

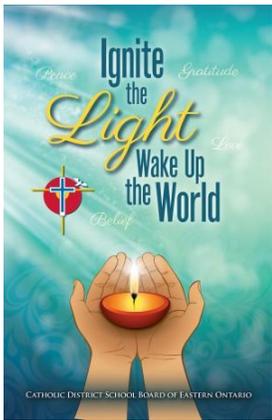
The month of February allowed the students to travel to Australia. A celebration will happen on March 8th to celebrate the students who reached the reading goal. For the month of March, We will travel to the continent of South America. Students need to read 14 nights for March

Ms Picard's favourite book is A Wrinkle in Time by Madeleine L'Engle. Ms Picard looks forward to seeing her favourite book in the theatre during March Break.

*Learning and Growing
Together in Christ*

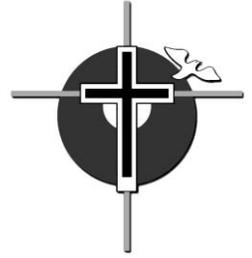
www.st.jude.cdsbeo.on.ca





ST. JUDE CATHOLIC ELEMENTARY SCHOOL NEWSLETTER

NOVEMBER 2017



FROM OUR PARISH, ST. JUDE'S

Please join the St Jude Parish for the St Patrick's Day Irish Stew dinner on Saturday March 17th after 4:30 Mass. Everyone is welcome to join in this night of fellowship and delicious food.

Every Friday in Lent, St Jude hosts the Stations of the Cross. Come and join in prayer for this Lenten Season at 7 pm.

Weekend Masses continue to be celebrated at these times:

Saturday	4:30pm
Sunday	9:00am



Lenten Prayer

Lord,

Let everything I do this day and in this season of Lent come from you and be inspired by you. It's so hard to love the world sometimes and to love it the way Jesus did seems impossible. At the Last Supper, Jesus told us to "love one another", and I know that is the heart of his gift. Help me to be inspired by his love and guided by his example. Most of all, I want to accept that I can't do it alone. I need you, dear God, to give me support in this journey. Show me how to unlock my heart so that I can love more. Let me be less fearful of the darkness that will be transformed by you into Easter joy. Amen

FROM THE ST. JUDE KIDS CARE CLUB:

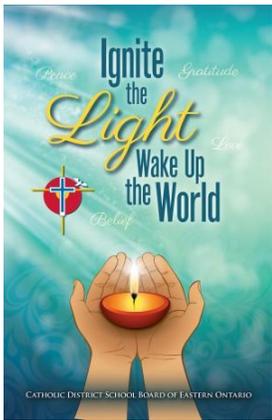
Kids care club raised 537\$ at the We Day Valentine's Day dance. The money raised will be donated to WE charity for Education in Sierra Leone. Thanks to all the students who participated.

Please remember we collect used stamps, milk bags and pop tabs.

*Learning and Growing
Together in Christ*

www.st.jude.cdsbeo.on.ca





ST. JUDE CATHOLIC ELEMENTARY SCHOOL NEWSLETTER

NOVEMBER 2017



The next big event is the **cake auction** in May. We are calling all bakers to donate cakes for this event. Once again money raised this year will support CHEO.

FROM ST. JUDE CATHOLIC SCHOOL COUNCIL

Here is your Catholic School Council for the 2017-2018 school year:

Lorraine Boyer- Chair/SEAC

Lisa Broad – Secretary/OAPCE

Wendy Barette- Treasurer

Stephanie Pete- Parent Rep

Jodi-Lynn Brannen-Duval - Parent Rep

Annie Paquette- Parent Rep

Tracy Lohmeyer- Parent Rep

Karine Low- Parent Rep

Tiffany Morena- Parent Rep

Doreen Low- Community Rep

Julia Fortin- Parish Rep

Our meetings take place on the second Tuesday of each month [at 6:30pm](#) in the school library for the months of November, February, April and May. All parents are welcome to attend. We are also looking for volunteers to help on our various committees. Please note that you do not have to be on council to volunteer! Please contact the Principal to submit your name.

Thank you for all of your support this year and in previous years. Your generosity towards our fundraising initiatives have allowed for us to purchase many items that are used on a daily basis by our children. We are looking forward to another successful year working together.

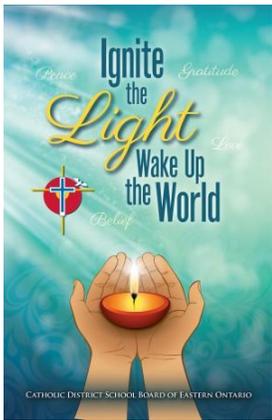
We look forward to reporting our Chocolate Bar Fundraiser success to you in the next newsletter.

Lorraine Boyer, Chair CSC 2017-2018

*Learning and Growing
Together in Christ*

www.st.jude.cdsbeo.on.ca





ST. JUDE CATHOLIC ELEMENTARY SCHOOL NEWSLETTER

NOVEMBER 2017



- **PEDICULOSIS (HEADLICE):** We ask all parents/guardians to be vigilant and checking regularly their child's hair as we have had a few cases of pediculosis. Letters have been sent home with information. Please call the school to inform us if your child has been infected, we will do our best to inspect and help stop the spreading.

FROM YOUR LOCAL HEALTH UNIT:

It's Flu Season Soon! Here's a Reminder on How to Stop Spreading the Flu



The flu season comes around just as the cold season returns, every year without fail. And every year, without fail, the Eastern Ontario Health Unit (EOHU) encourages individuals to help stop spreading the flu in the community by reminding everyone of the importance of hand hygiene and coughing etiquette.

Some simple steps can help prevent and reduce spreading the flu. The first is the flu vaccine – it protects you and your loved ones. Increase your chances of avoiding the flu this year by getting your flu vaccine and help stop the spread of infection.

Influenza immunization is available through your healthcare provider, at community health centres and participating pharmacies. You can also make an appointment at the EOHU to get your flu vaccine. Visit our website at www.eohu.ca.

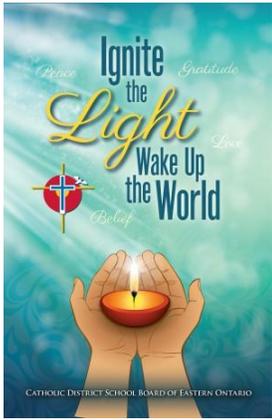
Washing your hands properly will also help prevent the spread of infections. Remind your kids to wash their hands before and after handling food, before and after eating, after using the washroom, as well as after blowing their nose, sneezing or coughing.

Keep in mind that viruses and bacteria can also be spread through the air when an infected person coughs or sneezes. It's therefore important to cough and sneeze into your sleeve (not your hands) or cover your mouth and nose with a tissue. Throw away used tissues in the garbage and wash your hands well. Remember – keep your child home from school when he or she is sick!

*Learning and Growing
Together in Christ*

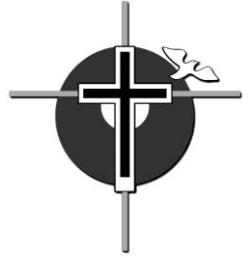
www.st.jude.cdsbeo.on.ca





ST. JUDE CATHOLIC ELEMENTARY SCHOOL
NEWSLETTER

NOVEMBER 2017



*Learning and Growing
Together in Christ*

www.st.jude.cdsbeo.on.ca

