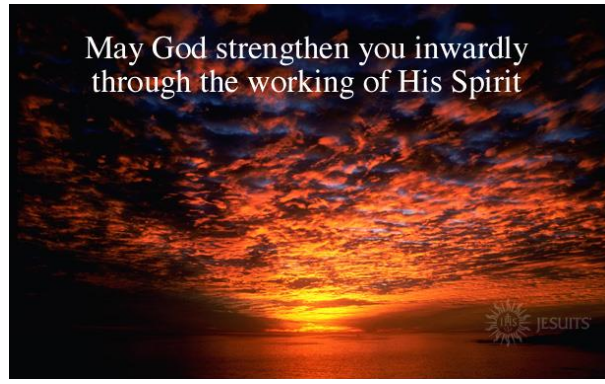


# Sneak Peek

## May 11



### Prayer

O Christ Jesus,  
when all is darkness  
and we feel our weakness and helplessness,  
give us the sense of Your presence,  
Your love, and Your strength.  
Help us to have perfect trust  
in Your protecting love  
and strengthening power,  
so that nothing may frighten or worry us,  
for, living close to You,  
we shall see Your hand,  
Your purpose, Your will through all things.

—Unknown, but often attributed to St. Ignatius of Loyola



Hi everyone. We continue to hold all of you in our prayers.

1. Please email prayer intention requests to me at [paul.mantha@cdsbeo.on.ca](mailto:paul.mantha@cdsbeo.on.ca) and I will include these in the following Sneak Peek so our entire community can pray for you and/or your family or friends.
2. New Theme Days from Catholic Education Week.  
A School Messenger email will arrived in your inbox each day during CEW with information about the theme of the day. We will maintain these wonderful themes through the month of May.  
Please submit your photos and videos either by tagging us on Instagram (stfrancixavierbrockville); direct messaging me through Instagram or emailing me your content.

Each day of the week will have a sub-theme:

1. Meditative Monday
2. Tranquil Tuesday
3. Water Wednesday
4. Thankful Thursday
5. Fun and Faith Friday

3. New Fall Bell Times

Current Start Time	September 2020 Start Time	Current End Time	September 2020 End Time
9:05 a.m.	9:15 a.m.	3:25 p.m.	3:35 p.m.



Five Prayers May  
(Easter Season)

Provided by C. Cavanagh, Chaplaincy Leader at St. Mary CHS

You are invited to end each daily prayer with the Hail Mary, and any specific intentions you would like to add. Intentions may be for people in your school community, or more broadly for the world.

- 1) In the name of the Father and of the Son and of the Holy Spirit. Father, we celebrate this Easter season knowing you touch our lives with the healing power of your love. Give strength to all those who seek it during this challenging time. You have given us the freedom of the sons and daughters of God. May we find joy in your love forever.
- 2) In the name of the Father and of the Son and of the Holy Spirit. Dear God, you gather the nations to yourself in love. You give us hope for a better world. Unite us in caring for each other. Help us to listen to the Wisdom of your Holy Spirit in the choices we make. Bring health, healing and courage to all those who need it. May all who remember your resurrection be one in faith and love.
- 3) In the name of the Father and of the Son and of the Holy Spirit. Lord, bring to perfection the spirit of life given to us by Easter. Free us from chasing after the passing things in life, and help us to set our hearts on loving each other. Bring us together as one people to care for the vulnerable, and stop the spread of disease and suffering. Infuse comfort and compassion into our hearts, and guide our actions and our thoughts as we find our way forward.
- 4) In the name of the Father and of the Son and of the Holy Spirit. Help us to give of ourselves each day, O loving God, so that we may make a difference in the lives of others. May we hold on to hope, and spread it in our interactions with others. May our actions and words reflect the Gospel message. May we always remain open to serving you through acts of love and compassion. May others see God in all that we say and do.
- 5) In the name of the Father and of the Son and of the Holy Spirit. Creator God, you call us to be servants to all your people. May we have a light heart and a sensitive spirit that will enable us to recognize opportunities to make a difference in someone's life. May we hear your call each day and may we say yes to the invitation to be your followers. May each of us find peace in our hearts, and spread that peace to all we meet.

# St. Francis Xavier

## Defeat Depression Fundraiser



St. Francis Xavier will be launching its Defeat Depression Campaign next Wednesday May 6 at 2pm.

You are invited to join Mr. Mantha on his Walk on the Waterfront on Instagram live at our Instagram page [stfrancisxavierbrockville](#).

Every Wednesday for 4 weeks you can join staff members in our virtual Defeat Depression activities.

Here's a list of what you can enjoy with us as we fundraise together:

Wednesday, May 6 at 2pm	Mr. Mantha Walking on the Waterfront
Wednesday, May 13 at 2pm	Mrs. Macbeth Wiggle Wednesday
Wednesday, May 20 at 2pm	Mrs. Donovan Workout Wednesday
Wednesday, May 27 at 2pm	Wrap Up Wednesday with Mrs. Donovan

Donations to help us meet our school goal of \$200 can be shared through School Cash Online or at the Defeat Depression Website at [Make a Donation Here](#) . Charitable receipts will be issued for donations of \$20 or greater.

Funds raised will be directed to Children's Mental Health of Leeds and Grenville.

Thanks for your support!