



Real Solutions, for Real Parents

2018 Positive Parenting Cafés

In a small group setting, explore solutions to normal, everyday parenting!

Click on the topic to REGISTER ↴

Date	Time	Location	Topic
October 17, 2018	6:00 - 7:30 pm	Brockville EarlyOn Child and Family Centre 166 Pearl St. E.	Setting Good Routines
October 18, 2018	6:00 - 7:30 pm	Kemptville EarlyON Child and Family Centre 2 - 40 Campus Drive, Parish Hall (lower level) Kemptville Campus Education and Community Hub	Common Parenting Traps and How to Avoid Them
November 14, 2018	6:00 - 7:30 pm	Brockville EarlyOn Child and Family Centre 166 Pearl St. E.	Top Ten Tips for Positive Parenting
November 15, 2018	6:00 - 7:30 pm	Kemptville EarlyON Child and Family Centre 2 - 40 Campus Drive, Parish Hall (lower level) Kemptville Campus Education and Community Hub	When Children Fight

Setting Good Routines: learn practical ways to help your family set a good routine for getting out the door on time, going to bed, and more.

Common Parenting Traps: gain helpful tips to avoid common parenting traps and make family life easier.

Top Ten Tips: discuss positive and practical strategies to help your family life run smoother.

When Children Fight: explore ways to help your child learn to play well with others, solve problems and get along with those around them.



Register today by clicking on a topic above ↴
visit www.healthunit.org or call 1-800-660-5853

