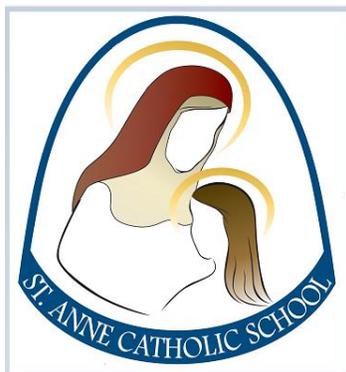


# May Newsletter

Wednesday, May 1, 2019



607 Surgenor Avenue, Cornwall, ON K6J 2H5  
Visit us on Facebook T: 613.933.4615

Dear Families:

Our school year continues to speed by and the St. Anne Catholic School staff and I request your continued assistance in ensuring that success for all students is a reality. Checking that your child's homework is neatly completed and signing the agenda are two helpful ways to promote student achievement. Reading to your child and having your child read to you is always encouraged. Your active involvement and support on all school matters have a positive impact on your child's academic success. Together, we are partners in your child's education.

As always, my staff and I are able to meet with parents regarding any matter. Please contact the school if you wish to meet. Open lines of communication are the key to student success!

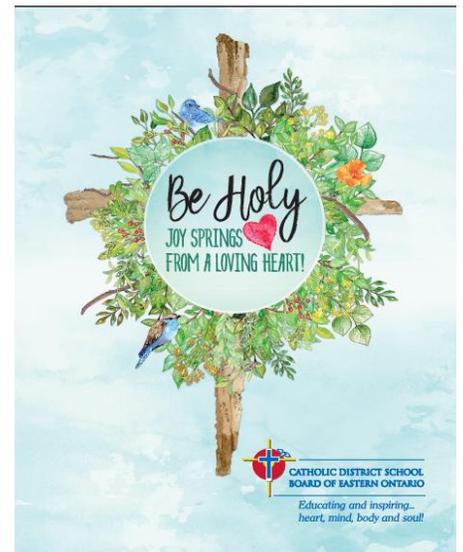
Thank you for your continued hard-work and support!

Have a great month.

Yours in Catholic Education,

Frances Derochie

Home of the Stallions!



## Upcoming Events

### May 6

Catholic Education Week begins

### May 14

Welcome to Kindergarten

### May 21

EQAO begins

*A solid investment toward a promising Health Care Career!*

College Program	CDSBEO Program
College Program	Fee \$1100
College Program	Same material as been
College Program	Same as college
College Program	More hands on practice
College Program	Less time spent studying
Tuition Total: \$5,077	Tuition free \$1,500

Participate in this course for only \$1,500 and qualify to complete within 5 months!

*Upon successful completion of the PSW program, you will be certified to be a Personal Support Worker in the provinces of Ontario.*

September and February program intake.  
Visit [www.coned.cdsbeo.on.ca](http://www.coned.cdsbeo.on.ca) for full program details and information on how to register.

CATHOLIC DISTRICT SCHOOL BOARD OF EASTERN ONTARIO  
613.284.2613  
[www.coned.cdsbeo.on.ca](http://www.coned.cdsbeo.on.ca)

Page 1 of 7

## New Bell Time – September 2019

Beginning in September 2019, our end of the day bell will ring at 2:25 pm. We trust that communicating this information to you at this time will allow you to plan accordingly. We trust that this change will be very beneficial to students and will aid in the flow of our school day. If you have any questions, please contact Mrs. Derochie.

## Jump2math FAMILY EVENT

**We are hosting this event on Monday, June 3, 2019 from 4:30-6:30 pm in the Sacred Heart School gymnasium! All parents and students are invited to attend.**

Jump2math is a kinesthetic, multi-sensory approach to teaching Math that incorporates physical exercise with games! ENGAGING STUDENTS IN WHOLE BODY LEARNING helps kids learn, retain and gain valuable skills while exercising their body and mind at the same time.

For more information visit <https://jump2math.ca/>

## Virtue of the Month is ACCEPTANCE

This month we are focusing on the virtue of acceptance. Acceptance means welcoming others into our lives.

How do you show your acceptance to God's will?

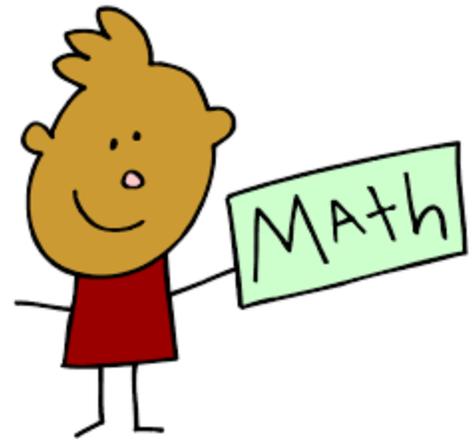
How do you show your acceptance to your family?

## Kindergarten Registration is underway



St. Anne's Catholic School is now accepting new student registrations for September 2019! We invite parents to call the school to make an appointment

to register your child. We look forward to welcoming your child to Kindergarten!



## Be a Math Role Model

You are an important part to your child's success in math. It's true! Your encouragement, interest, and positive attitudes about math can go a long way to helping your child.

### Myths & Facts about Learning Math

There are a lot of misconceptions about math ability floating around. Let's get those out of the way.

**Myth:** Mathematicians solve problems quickly and never make mistakes.

**Fact:** Albert Einstein, one of the world's great mathematicians, once claimed, "It's not that I'm so smart, it's just that I stay with problems longer." If that was true of Einstein, then it shouldn't surprise us when we too make mistakes and need time to solve problems.

## Requirements:

Junior Kindergarten students must be 4 years of age by December 31, 2019.

Senior Kindergarten students must be 5 years of age by December 31, 2019.

Students currently attending Junior Kindergarten do not need to register for Kindergarten.

## Documentation:

Please bring your child's baptismal certificate, small photo, birth certificate, and proof of address (i.e. utility bill) and custody documents (if applicable).

## EQAO

Primary Division (Grade 3) and Junior Division (Grade 6) Assessments will take place from May 21 to June 3, 2019. The province wide tests measure the reading, writing and mathematics skills your child has learned by the end of the Primary and Junior divisions, according to the expectations of The Ontario Curriculum.

## May is the month of Mary



In the whole history of the world, nobody has ever been quite as brave as Mary, a teenager from a little unknown town in Israel. Everything depended on what she would say when the angel Gabriel announced to her that she would become pregnant and give birth to the Son of God. It is sometimes easy for us to forget that Mary had a choice. After she heard what the angel had to say, she could have said, "No Way!" She could have thought about all the things she'd rather be doing. But instead, Mary took a radical step. She said to "let it happen" according to God's plan. She didn't make any bargains. She didn't say, "Okay, but if I do this thing for you, then you've got to help me explain it to my mom and Joseph." Mary let God have her whole life, body and soul, with no ifs, ands, or buts. At this May crowning, let us pray that we can become as generous as Mary was with her life.

## Catholic Education Week – May 6-10, 2019

This year's Catholic Education Week theme is "*Living as Joyful Disciples.*"



The 2019 theme was inspired by three sources: *Renewing the Promise*, The Pastoral Letter on Catholic Education from the Bishops of Ontario; *Gaudete et exultate*, the Apostolic Exhortation of Pope Francis on the Call to Holiness; and *Young People, the Faith and Vocational Discernment*, the October 2018 Synod of Bishops. Mindful of the Synod

on Youth, the theme and sub-themes are very much directed to the young people in our

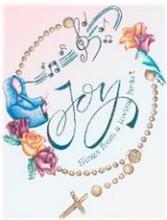
schools, especially in their growth in holiness and their formation as disciples of Christ through the discernment of their vocational pathways. In the section of *Renewing the Promise* entitled, "A Community that Forms Joyful Disciples," we read, "Our Catholic schools help to form joyful disciples as hearts and minds are opened to the transforming love of God and to the flame of faith in action. On a daily basis, Catholic schools demonstrate the joy of believing and witness the Good News to the communities that they serve."

There are five sub-themes for each day of Catholic Education Week:

- Day 1: Rooted in Prayer
- Day 2: Living in Community
- Day 3: Doing Justice & Creating Hope
- Day 4: Journeying Together in Faith
- Day 5: Sharing the Good News

During the week, we will participate in activities which will highlight how the students and staff at our school are *Living as Joyful Disciples*.

### **"Joy Sings from a Loving Heart"**



As part of our commitment to promoting, preserving and protecting Catholic Education, the Catholic District School Board of Eastern Ontario is holding its annual Catholic Education Coalition event. We will join together as a Catholic community and have an opportunity to promote our faith through the Parish, School and Home partnership.

This year's event will take place at St. Joseph's Catholic Secondary School in the auditorium on Monday, May 6, 2019 for an evening of song. Our Catholic school choirs will each present two songs that will touch your souls. The evening begins at 6:00 p.m.

Come enjoy a blessed evening with your family and share your Catholic faith through music!



### **It's Time to Go Biking!**

Now that spring is here, it's time to go biking! Besides being a fun activity that can be enjoyed by the whole family, biking is a great way to fit some exercise into your daily routine, especially if you use it to commute to work!

## Choosing the Right Bicycle for Your Child

Your children may have outgrown their old bicycle over the winter. Before you go shopping for a new one, measure your child's height and inseam. These measurements will help you choose a bike with the right-sized frame for your child.

Once you've found a bike that looks like a proper fit, have your child sit on it. Your child's feet should be able to touch the floor, and their knee should be slightly bent when resting on the pedal. However, make sure the seat isn't too low as that would make it difficult for your child to pedal. Your child should also be able to easily reach the handlebar and pull on the brake levers.

## Teaching Your Child to Ride a Bike

Most children are ready to start biking between the ages of three and a half and four and a half. When you take them out to practice, choose a smooth, flat location away from traffic. Have your child start pedaling and follow them with your hands underneath their armpits. Once they're pedaling and balancing themselves, the key is to have them practice it on their own until they gain confidence.

For more information about choosing the right-sized bike and teaching your kids the basics of pedaling, check out [www.activeforlife.com/how-to-teach-kids-to-pedal-their-bikes-properly](http://www.activeforlife.com/how-to-teach-kids-to-pedal-their-bikes-properly).

### **Keep Your Family Safe with these Rabies Prevention Tips!**

Several wild animals including raccoons and skunks continue to be reported as testing positive for rabies in southern Ontario. Rabies is a deadly disease carried by mammals and bats that can be transmitted to humans through animal bites.

To reduce the risk of exposure to rabies and to help protect yourself and your pets, have your cats and dogs vaccinated against the disease. Even indoor pets must be vaccinated against rabies because bats can make their way into homes.

You can also help keep your family safe by teaching your children NOT TO:

- Approach or pet animals they don't know
- Approach or feed wild animals or stray pets
- Touch sick or injured animals

If you or a loved one is bitten by an animal, contact your family physician or the emergency department as soon as possible and then report the bite to the Eastern Ontario Health Unit by calling 613-933-1375 or 1 800 267-7120. You can also visit [www.eohu.ca](http://www.eohu.ca) for more information about rabies.

## Message from Rachel's Kids - Arts to Hearts Initiative



The journey to Sri Lanka was a huge success!

To say that the Arts to Hearts program between Cornwall schools and those of Sri Lanka was well received would be an understatement. The students were overjoyed, on both ends, to be part of such an amazing project. Rachel's Kids is elated to share this exchange with the St. Anne School community!

Rachel's Kids would like to invite students, staff and parents to attend an art exhibit to be held in our school gymnasium on Friday, May 17, 2019. At this exhibit, they will showcase all art created between the two countries and a video to show all the children and parents the adventures that took place on their trip. They created a banner with images of the local children's art as it was left behind in Sri Lanka to hang in their schools.

During the week of May 6, 2019, we are having a used summer clothing drive in support of Rachel's Kids. In Sri Lanka, summer clothes are greatly appreciated by the children and they are hoping to gather as much as they can before their next trip.

We thank you for participating in this great initiative and look forward to seeing you at the art exhibit on Friday, May 17, 2019 during school hours.

Let's make art the way to bring awareness from one part of the world to another!

## News from the Diocese of Alexandria-Cornwall

### Summer Vacation Bible School

The Diocese of Alexandria-Cornwall is hosting two Vacation Bible Schools this summer. The first is at St. Anthony's Church in Apple Hill from July 15<sup>th</sup> to 19<sup>th</sup> from 9 am to noon each day. The second is at the Agora Catholic Centre in Cornwall from August 5<sup>th</sup> to 9<sup>th</sup> from 9 am to noon. If you are 4 to 12 years old you are invited to join Moses the Cat along with his human helpers for a "Wilderness Adventure Through the Sacraments". The cost is just \$25 per child or \$90 per family. To register go to [www.alexandria-cornwall.ca](http://www.alexandria-cornwall.ca) and click on VBS.

### Relics of Padre Pio

The Diocese of Alexandria-Cornwall will welcome the relics of Saint Padre Pio to Cornwall on Monday, June 3<sup>rd</sup> from 11 am to 6:30 pm. Bishop Prendergast will preside at the Mass at 7 pm. Padre Pio is a beloved Italian priest born in 1887 and who died in 1968. Aside from his great love of the people, he is remembered for being marked with the wounds of Christ. When he was 31 years old the five wounds of Jesus mysteriously appeared on his hands, feet and side. His funeral attracted more than 100,000 mourners. The relics that will be on view at the Coadjutor de la Nativité include his glove, handkerchief and mantle. Relics are

physical objects that have a direct association with the saints. Holy Scripture teaches that God acts through relics, especially in terms of healing. For more information visit the diocesan website at [www.alexandria-cornwall.ca](http://www.alexandria-cornwall.ca)

