



Notre Dame Morning Prayer November 25-29, 2019

+ = In the name of the Father, and of the Son, and of the Holy Spirit

Monday, November 25, 2019 - Sunday of Christ the King

Yesterday was the feast day of Christ the King, which is celebrated the Sunday before Advent starts. It is a feast day that reminds us that while Jesus relates to us as a friend and brother, He is also a king by virtue of being God and the creator of the world. His willingness to enter this world as a child and share our humanity, something we focus on especially during Advent, does not reduce his majesty and is, in fact, more reason to give Him honour.

Let us pray. + Lord, we thank You for being willing to be close us, to share in our lives. May we accept this gift with gratitude, recognizing that You are the King of the universe and worthy of our honour and respect. Teach us to know and obey Your will. We pray this together with the words that You taught us: *Our Father*. Mary, Mother of God, pray for us. + Amen.

Tuesday, November 26, 2019 - loving ourselves

When we hear Jesus say that we should love others as we love ourselves, too often we miss the part about loving ourselves. God wants us to love ourselves because we are lovable - God does nothing else but love us.

Let us pray. + Dear God, help us to love ourselves, to see ourselves as good, to see ourselves as worthy of love, and to know that we are Your children and loved immensely by You. May this knowledge of Your love for us inspire us to love others. We pray this together with the words that Jesus taught us: *Our Father*. Mary, Mother of God, pray for us. + Amen.

Wednesday, November 27, 2019 - God's presence

God's Spirit is within us, even if we don't recognize it, and His protecting presence goes with us wherever we go. Even as we sleep, God is with us and His life and intelligence resides in our spirits. He wants us to cast away all our fears and anxieties on Him because He cares so deeply for us.

Let us pray. + Loving God, make us mindful of Your loving presence within us. Help us to open our hearts and minds to let Your love and care in. We pray this together with the words that Jesus taught us: *Our Father*. Mary, Mother of God, pray for us. + Amen.

Thursday, November 28, 2019 - St. Andrew the Apostle and long weekend

This Sunday is the feast day of St. Andrew the Apostle. Andrew was the brother of St. Peter and the first disciple of Jesus. He and his brother were fishermen who Jesus invited to instead become "fishers of people". Andrew was open to the truth and when Jesus called him, he told his brother, "We have found the One we have been looking for." Andrew would preach throughout Greece and Eastern Europe.

Let us pray. + Lord, may the example of St. Andrew inspire us to also seek to recognize who You are and to follow You when we find You. May we also look to St. Andrew, and all the disciples, to intercede on our behalf. Bless also all our students as they enjoy a long weekend and bless our staff during their PA Day tomorrow. We pray this together with the words that You taught us: *Our Father*. Mary, Mother of God, pray for us. + Amen.

Friday, November 29, 2019 - Professional Activity Day