



Notre Dame Morning Prayer January 20-24, 2020

+ = In the name of the Father, and of the Son, and of the Holy Spirit

Monday, January 20, 2020 - Australian wildfires and Iranian plane crash

The ongoing Australian wildfires and the shocking plane crash in Iran remind us of how both nature and human decisions can cause such immense suffering. Our Dress Down Day this Thursday is in support of Australian relief efforts.

Let us pray. + Lord, we ask that you be with all those who have experienced such unbelievable loss in Australia and Iran. Bless the souls of those who have perished and bring consolation to those who are left behind. Help those, including many Canadians, who are fighting the fires and bless Australia with more rain and the protection of homes and wildlife. May there be truth and justice for those on the Iranian plane and may the investigation into what exactly happened motivate leaders to work toward peace. May we all respect the power of nature and recognize the importance of our own decisions in helping to make the world a better place. We ask this through the prayers of Your Mother: *Hail Mary*. + Amen.

Tuesday, January 21, 2020 - strike day

Wednesday, January 22, 2020 - High School culminating concludes

Let us pray. + Lord, as culminating concludes today for high school students and preparations continue for exams starting this Friday, we ask that you be with our students, our teachers, and all who support them. We also ask that You guide the discussions on teacher contracts, that there would be progress that will limit job action and a speedy resolution that provides the best opportunities for learning. We pray this together with the words You taught us: *Our Father*. Mary, Mother of God, pray for us. + Amen.

Thursday, January 23, 2020 - Week of Prayer for Christian Unity

There are many different kinds of Christians and unfortunately Christian groups are sometimes in conflict with each other, not demonstrating the love of God that has been given to all of us. We are near the end of the Week of Prayer for Christian Unity, an opportunity to ask God for the grace to love each other as Christ has loved us, despite our differences.

Let us pray. + In the name of the Father, and of the Son, and of the Holy Spirit.

Lord Jesus Christ, at Your Last Supper you prayed to the Father that all should be one. Send your Holy Spirit upon all who bear Your name and seek to serve you as Christians. Strengthen our faith in You, and lead us to love one another in humility. May we who have been reborn in one baptism be united in one faith under one Shepherd. We pray this together with the words that You taught us: *Our Father*. Mary, Mother of God, pray for us. + Amen.

Friday, January 24, 2020 - first day of High School exams

St. Paul wrote, "Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus." Worry is not from God and misdirects our energy away from what we can control. Accepting that our best is all that God expects of us can put us in the mental space to actually achieve our best.

Let us pray. + Lord, Your peace can sustain us through the anxiety and stresses of exam nerves. Your peace surpasses all understanding. We ask You for this gift. Come and remind us of your unfailing love. Remind us that you hold us safe, you understand us, and you cherish us. We pray this together with the words that You taught us: *Our Father*. Mary, Mother of God, pray for us. + Amen.