



Notre Dame Morning Prayer Oct. 28 to Nov. 1, 2019

+ = In the name of the Father, and of the Son, and of the Holy Spirit

Monday, October 28, 2019 - a new week

Today is the start of a new week. Each morning, the sun rises on a new day, a day filled with hope. Let us give thanks for new opportunities. Let us be aware of our thoughts: concentrating on what is positive and true can help us in our day. Let us be aware of our words: using positive and constructive words with others can make a big difference in our mood and the moods of others. Let us be aware of our actions: do our actions make a positive difference?

Let us pray. + God of us all, we thank you for this new day. Please enter into our thoughts, words, and actions with Your love and positivity. Show us how to use our God-given talents in affirmative and constructive ways. We ask this through the prayers of the Mother of Your Son: *Hail Mary*. + Amen.

Tuesday, October 29, 2019 - a God for all of us

Our God is a God for us all. For orphans in their loneliness, God is a Father. For widows who grieve, God is a husband. For children without mothers, God is a loving mother. For human beings in their sinful state, God is a Saviour. For prisoners in their captivity, God is a Redeemer. For those who are sick, God is a healer. For worshippers in their love of God, God is their Lord.

Let us pray. + Lord, help us to ponder deeply today Who God is for us. In this, we can begin to know God more deeply and establish a relationship that will guide us through life's joys and difficulties. We ask all this through the prayers of Your Mother: *Hail Mary*. + Amen.

Wednesday, October 30, 2019 - salvation is a gift

Nothing we do can earn us a place in heaven. There is also no bad thing we can do to cut us off from the love and mercy of God. Salvation is not something earned but a pure gift from God out of his overflowing love. All we need to do is respond to this love by turning away from those things that separate us from God.

Let us pray. + Lord, help us accept Your gift of love and because You loved us, show love to everyone we meet - our teachers, fellow students, our friends, and even our enemies. Help us to recognize what separates us from You and try to be better. We ask this through the prayers of your Mother: *Hail Mary*. + Amen.

Thursday, October 31, 2019 - All Saints

Tomorrow is the feast of All Saints. We start celebrating this tonight as Halloween, which means the evening before remembering holy people. There are many saints we know of and remember during the year, but there are also many more who are not celebrated. Today is a day to remember the example of all those who lived holy lives. May we realize that they show us through their lives how we too can become saints.

Let us pray. + O Lord, You are glorified in Your saints. You are the boast of apostles, the joy of prophets, the support of martyrs, the gladness of monastics, and the crown of the Mother of God. Give us Your peace and love. Guide and guard our lives, that through the mercy of Your goodness, we may be made worthy to imitate their struggles, and pleasing You, to attain future happiness with them. We ask all this through the prayers of Your Mother: *Hail Mary*. + Amen.

Friday, November 1, 2019 - All Souls

Tomorrow is the feast of All Souls. Today, we celebrate All Saints and remember all those who lived exemplary lives. Tomorrow, we remember all souls who have lived, that God would have mercy on them and bring them into His presence.

Let us pray. + O Lord and Almighty God, You do not reject Your servants, nor do You ignore those who pray to You. Give rest to the souls of Your servants in a holy place, the place of light of the living, in the delight of paradise. Overlook their sins, whether committed knowingly or in ignorance. Deem them worthy of rest in the joy to come, and keeping us free from sin, bring us who are alive into happiness with them, for You alone provide for our lives. Grant this through the prayers of all the saints and especially your Mother: *Hail Mary*. + Amen.