



Notre Dame Morning Prayer October 21-25, 2019

+ = In the name of the Father, and of the Son, and of the Holy Spirit

Monday, October 21, 2019 - World Mission Sunday

Yesterday was World Mission Sunday when the Church recognizes all those who leave the comforts of home to spread the Gospel.

Let us pray. + Lord, we thank You for all those who sacrifice in order to share Your Good News and ask You to bless them with strength and perseverance. May we recognize that even without going away from home we too can share Your message of love with all we meet. We pray this together with the words that You taught us: *Our Father*. Mary, Mother of God, pray for us. + Amen.

Tuesday, October 22, 2019 - John Paul II

On the church calendar today, we celebrate the feast of John Paul II who was Pope from 1978 to 2005 - 27 years, one of the longest-serving Popes. He was the first Pope from Poland and had a special interest in youth to whom he once said, "It is Jesus you seek when you dream of happiness; he is waiting for you when nothing else you find satisfies you; he is the beauty to which you are so attracted; it is he who provokes you with that thirst for fullness that will not let you settle for compromise; it is he who urges you to shed the masks of a false life; it is he who reads in your hearts your most genuine choices, the choices that others try to stifle. It is Jesus who stirs in you the desire to do something great with your lives, the will to follow an ideal, the refusal to allow yourselves to be grounded down by mediocrity, the courage to commit yourselves humbly and patiently to improving yourselves and society."

Let us pray. + O God, who are rich in mercy and who willed that Saint John Paul the Second should preside as Pope over your universal Church, grant, we pray, that instructed by his teaching, we may open our hearts to the saving grace of Christ, the sole Redeemer of our souls. We pray this together with the words that Jesus taught us: *Our Father*. Pope John Paul the Second, pray for us. + Amen.

Wednesday, October 23, 2019 - month of Mary

October, along with May, are months when the Church thinks in a special way about the role of Mary. She is important not just because she was the mother of Jesus but because of the example she gave, both in accepting Jesus as her child under difficult circumstances and in how she lived her entire life devoted to God. Let us look to Mary and all the saints for inspiration and not be afraid to ask for their prayers.

Let us pray. + *Hail Mary*. We also ask that you be with Mrs. Koekkoek and her family as they mourn the passing of her father-in-law. May his memory bring comfort to those who loved him. + Amen.

Thursday, October 24, 2019 - Child Abuse Prevention Day

Today is Child Abuse Prevention Day. All children have the right to live without physical abuse, sexual abuse, emotional abuse, or neglect, and as a community we all have a responsibility to help protect those who are being mistreated.

Let us pray. + Lord, for any child in our community who is suffering abuse, we ask that they would find the strength to ask for help from someone they trust. For any in our community who have suffered abuse, please provide comfort and healing. Help those who are suffering abuse and those who have in the past to recognize all the people around them who want to support them in their pain. May we all be attentive to indications of abuse and reach out to those who may need our help. We ask this through the prayers of your Mother: *Hail Mary*. + Amen.

Friday, October 25, 2019 - Professional Activity Day