



Notre Dame Morning Prayer October 14-18, 2019

+ = In the name of the Father, and of the Son, and of the Holy Spirit

Monday, October 14, 2019 - Thanksgiving Day

Tuesday, October 15, 2019

Let us pray. + *Our Father*. Mary, Mother of God, pray for us. + Amen.

Wednesday, October 16, 2019 - thanksgiving

In this season of thanksgiving, we are reminded that giving thanks is something we are called to do each day. In giving thanks, we not only show recognition for what we have but bless ourselves through a spirit of thankfulness.

Let us pray. + Good and gracious God, this time of year we think of all the things we should be thankful for. We take a moment today to give thanks for the blessings You have given us. Thank You for our friends and our families; thank You for laughter and for sunshine. May we always see the blessings in our lives and take the time to appreciate them. We ask this through the prayers of the Mother of God: *Hail Mary*. + Amen.

Thursday, October 17 - World Food Day and condolences

Yesterday was World Food Day. Canada, like most Western countries, is a nation obsessed with talking about the food we eat, the restaurants we're going to, or the meals we've just had. We photograph it. We post it. We share it. However, we're less obsessed with talking about the issue of hunger. As we collect food this week, let us think of the many people who only dream of what is on our dinner plates.

Let us pray. + God of the hungry, help make us aware of those in need around our country and in our local communities. May we always remember that Your love and compassion is for everyone. We also ask that you be with Mr. Garvin and his family as they mourn the passing of his mother. May her memory bring comfort to those who loved her. We pray this together with the words that Jesus taught us: *Our Father*. Mary, Mother of God, pray for us. + Amen.

Friday, October 18, 2019 - Dress Down Day and short week

As we enter another weekend after a shorter school week, may we give thanks for our blessings and be mindful of those in our lives who are struggling and for whom giving thanks may be difficult. May we be for them a reason to give thanks.

Let us pray. + God of all gifts, we give You thanks for the many blessings You have given us. May we always appreciate everything: our meals, our home, our friendships, and our faith. May we respect the people who provide for us as well as the love You offer. May we see in creation the awesome love You have for us. May the abundance of our gifts be used to help others know You and feel Your presence among us. We ask this through the prayers of the Mary, the Mother of our Saviour: *Hail Mary*. + Amen.