



# Notre Dame Morning Prayer September 9-13, 2019

+ = In the name of the Father, and of the Son, and of the Holy Spirit

## Monday, September 9, 2019 - Nativity of the Mother of God

On the church calendar yesterday, September 8, we celebrated the birthday of the Mother of Jesus. Her birth is important because without her saying yes to God, Jesus could not have been born. As a traditional hymn proclaims: Your nativity, O Mother of God, has made joy know to all the world, for from you dawned the Sun of Righteousness, Christ our God. He abolished the curse and gave the blessing, and by making death of no effect, He bestowed on us eternal life.

Let us pray. + Lord, we thank You for the birth of Your Mother and her unconditional acceptance of You in her life. Teach us the joy of responding to Your voice as we ask her now for her prayers for us: *Hail Mary*. + Amen.

## Tuesday, September 10

Jesus was once asked, "Which commandment is the greatest?" He answered, "You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.' This is the greatest and first commandment. And a second is like it: 'You shall love your neighbour as yourself.'"

Let us pray. + Dear God, help us to love You with our whole heart, soul, and mind and to love our neighbour as ourselves. Help us to treat others as we would like to be treated. Fill our hearts with Your goodness so that holy actions, mercy, and compassion become second nature to us. We pray this together with the words that Jesus taught us: *Our Father*. Mary, Mother of God, pray for us. + Amen.

## Wednesday, September 11

Our destinies are fulfilled through our loving involvement with the people who share our experience. It is not by accident that we've been drawn together to share goals at school and at home. The gift of positive attention we give to each other is 'passing on' the love of God. In order to feel love, we have to give it away. We will know love when we give love. Each day, each one of us can ease the pain of a friend, co-worker, a family member. The beauty of God's plan for us all is that our own pain is relieved in the process of easing the pain of another. Loving others makes our lives purposeful.

Let us pray. + God of love, guide us today so we may be vessels of healing for each other. Give us the courage to pay attention to those who may feel alone. We pray this together with the words that You taught us: *Our Father*. Mary, Mother of God, pray for us. + Amen.

## Thursday, September 12, 2019 - Holy Name of Mary

On the church calendar, today is the feast of the Holy Name of Mary. This past Sunday, we celebrated the birth of Mary, the mother of Jesus, and today we celebrate the day she received her name, which according to Jewish custom happens on the eighth day after birth. We celebrate Mary's name because she is the most important saint in the Church and we are encouraged to ask for her prayers. As many of you know, Holy Name of Mary is the name of the parish in Almonte and also the school where many of our students once attended.

Let us pray. + As we celebrate your name's day, we ask you, Mary, for your prayers and protection, especially over our relationships with each other. May we always know that we are never alone. We ask this through your intercession: *Hail Mary*. + Amen.

## Friday, September 13, 2019 - Exaltation of the Holy Cross

On the church calendar, tomorrow is the feast of the Exaltation of the Holy Cross. We remember in a special way the sacrifice Jesus made for us and how we are called to follow His example and be willing to sacrifice for the sake of others. We can also trust that by believing in the power of the Cross we can find strength to do what is right. As a traditional hymn proclaims: Save Your people, O Lord, and bless Your inheritance. Grant victory to Your faithful people against evil and protect Your community by Your Cross.

Let us pray. + Lord, give us faith to understand that by giving to others we find true joy. May we face our struggles with courage knowing that we are not alone and that Your sacrifice for us provides us strength. Teach us to look to You for support as we together pray the words You gave us: *Our Father*. Mary, Mother of God, pray for us. + Amen.