



Cooperative Education

What is Cooperative Education?

Cooperative Education (Co-op) is a learning experience that combines an individual's unique interests and the workplace in a Ministry of Education approved credit program. Adult learners earn high school credits and gain essential experience in the workplace, either in a paid or unpaid capacity.

Why Co-op?

Cooperative Education can be valuable to adult learners because the course is designed to explore your strengths, interests, and needs and can help you gain important work experience to help build your resume. The course is flexible, and our instructors are able to accommodate daytime or evening hours for placement. We will work with your employer(s) to ensure you are able to continue working, while earning credits towards your high school diploma.

How can Co-op help me?

The Co-op program is monitored by a teacher and can be linked to a related curriculum course or the new Creating Opportunities course (DCO30). Up to two (2) credits may be used for compulsory diploma requirements and there is no limit in earning optional Co-op credits.

All secondary school Co-operative Education courses must be 110 hours in length per credit.

How do I get started?

Students who wish to complete a Cooperative Education program must apply through the night school application process established by the Catholic District School Board of Eastern Ontario.

Please call or email to express interest. We look forward to working with you to support your future goals.

